

The Problem?

Sleepiness in your Workforce

The Solution?

Decisive Action

We offer the following services, tailored to the organizations needs:

Screening, Diagnosis and Treatment of afflicted employees with verification of sustained good outcomes.

- * Questionnaire isolating those employees needing more comprehensive screening. Provided and evaluated at no charge to your organization.
- * On-site or In-Office Comprehensive Screening for identification of significant "Breathing Related Sleep Disorders".
- * Recommendations and referral to Sleep Specialist if necessary.
- * Sleep Hygiene Education Tailored to individual employee at time of Screening.
- * If Sleep Specialist determines that employee is a candidate for Oral Appliance therapy, we can provide a variety of appliance choices.
- * As a component of your "Employee Wellness Program" we offer Custom, On-site or In-Office Seminars discussing Sleep Hygiene, Snoring, Sleep Apnea and Breathing Related Sleep Disorders – Their Recognition and Treatment Alternatives.
- * As a component of your "New Employee Recruitment Program" we offer In-Office Screening for identification of significant "Breathing Related Sleep Disorders".



THE COST OF DOING NOTHING

- Consider the Risk Factors in your Organization
eg. Males over 40, Shift Work, Drivers, Overweight Employees, Overtime etc.
- Consider Your Organizations Track Record Regarding Cost of Accidents traced to these Risk Factors
- You Have Now Calculated the Cost of Doing Nothing

THE COST OF DOING SOMETHING

- Initial Screening Questionnaire will isolate the individuals most likely to have a Meaningful Sleep Disorder at No Cost to your Organization.
- Comprehensive Screening may be covered by your Dental Plan
- Referral to Sleep Specialist is covered by OHIP

TREATMENT PROCESS

- Sleep Hygiene Counseling at Screening
- Referral to Sleep Specialist if Indicated
- If Sleep Specialist determines candidacy for Oral Appliance therapy, we can provide a variety of appliance choices.

For further information on...Our Services...Your Workplace Sleep Problems...
And how your organization can put them to rest. Contact...

Dr John S. Viviano

Conservative Treatment for Snoring—Sleep Apnea
And Breathing Related Sleep Disorders
General, Family and Cosmetic Dentistry

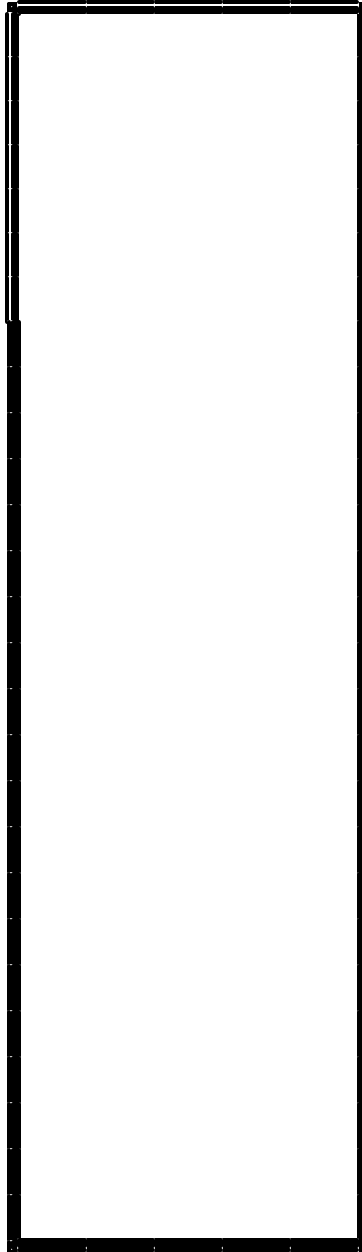
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Dr. John S. Viviano B.Sc. D.D.S obtained his credentials from the University of Toronto and has practiced General, Family and Cosmetic Dentistry in Ontario, Canada since 1983.

He maintains a special interest in the conservative treatment of sleep-disordered breathing. A member of various sleep organizations, he is credentialed by the certifying board of the Academy of Dental Sleep Medicine, and has lectured on the treatment of sleep disordered breathing and the use of Acoustic Reflection. He has authored articles reviewing Acoustic Reflection and establishing protocols for its use in assessing airway normalization.

Dr. Viviano utilizes various appliance designs including trial appliances in his conservative therapy of sleep-disordered breathing.



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Dr. John S. Viviano & Associates

Sleep Disorders Risk Management for your Organization

Dr. John S. Viviano

Estimated Annual Losses
in U.S. Resulting From
Workplace Sleepiness

\$189.5 Billion